

ESAA – NOTTINGHAMSHIRE ROLL OF HONOUR

The *Nottinghamshire Schools' Athletic Association* was formed in 1949.

It held its first County championship at the Teversal Welfare Ground, near Mansfield on the 25th June the same year. Based on the results at this event, a team was selected to compete in the ESAA Championship at Carshalton 4 weeks later.

In 1951 Jim Richards, a pupil at High Pavement Grammar School, became the first Nottinghamshire ESAA champion when winning the Boys Intermediate 440 yards title.

WORLD CHAMPIONSHIPS MEDALLISTS

Jack Buckner	1987 5000m Bronze 1979 S 1500m-2
Andy Turner	2011 110m Hurdles Bronze 1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2

EUROPEAN CHAMPIONSHIP MEDALLISTS

John Whetton	1969 1500m Gold 1958 I 880y-2, 1959 S 880y-1, 1960 S 880y-1
Jack Buckner	1986 5000m Gold 1979 S 1500m-2
Andy Turner	2006 110m Hurdles Bronze, 2010 110m Hurdles Gold 1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2

COMMONWEALTH GAMES MEDALLISTS

Ruth Kennedy	1974 and 1978 4 x 400m Gold 1972 and 1973 I 400m-1, 1974 S 200m-2
Sharon Gibson	1994 Javelin Throw Bronze 1980 S JT-1
Helen Karagounis (née Thieme)	2002 4 x 400m Silver 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Julie Crane (WAL)	2006 High Jump Silver 1994 S HJ-1, 1995 S HJ-3

Poppy Malik (2026 4 x 400m Mixed Relay Silver) ran in the relay heat but not in the final.

Jack Buckner	1986 5000m Silver 1979 S 1500m-2
Andy Turner	2006 110m Hurdles Bronze, 2010 110m Hurdles Gold

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1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2

Cori Henry (2002 4 x 400m Gold) ran in the relay heat but not in the final.

BRITISH CHAMPIONS

Angela Littlewood	1978 and 1981 Shot Put 1966 I SP-2, 1967 and 1968 S SP-1
Sharon Gibson	1988 and 1991 Javelin Throw 1980 S JT-1
Sharon Dolby	1997 200m 1983 J 100m-2, 1984 and 1985 I 100m-1
Helen Karagounis (née Thieme)	2003 400m 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Stephanie Pywell	2008 and 2010 High Jump 1983 J 100m-2, 1984 and 1985 I HJ-1
Anna Purchase	2024-26 Hammer Throw 2018 S HT-2
John Whetton	1968 1M 1958 I 880y-2, 1959 S 880y-1, 1960 S 880y-1
Dave Cropper	1969 800m 1963 I 880y-2, 1964 S 880y-1
Jack Buckner	1987 and 1992 5000m 1979 S 1500m-2
Ricky Soos	2003 800m 1999 I 1500mST-2, 2000 and 2001 S 1500m-1
Robert Newton	2004 110m Hurdles 1997 I 100mH-2, 1998 S 110mH-2, 1999 S 110mH-1
Andy Turner	2006-09 110m Hurdles 1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2
Divine Duruaku	2025 High Jump 2019 I HJ-6=

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

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<i>yyyy</i>	Championship Year
<i>a</i>	Age Group (I – Intermediate, J – Junior, S – Senior)
<i>eeee</i>	Event
<i>p</i>	Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)

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ESAA GIRLS CHAMPIONS

1954	J	DT	June Dabbs
1964	J	JT	Helen Beuzeval
1967	S	SP	Angela Littlewood
1968	S	SP	Angela Littlewood
1972	I	400m	Ruth Kennedy
1973	I	400m	Ruth Kennedy
1979	J	CC	Sarah Kerswell
1980	S	JT	Sharon Gibson
1982	S	100m	Kathryn Ball
1983	J	75mH	Paula Khouri
1983	I	1500m	Jackie Beasley
1984	I	100m	Sharon Dolby
1984	I	200m	Loreen Hall
1984	I	400m	Jennifer Howell
1984	I	4x100m	Nottinghamshire
1984	S	SP	Angela Roworth
1985	I	100m	Sharon Dolby
1986	I	JT	Diane Caldwell
1986	S	400m	Jennifer Howell
1987	S	CC	Fiona Truman
1990	I	3000m	Nicola Gray
1993	S	400m	Sarah Stevenson
1994	S	HJ	Julie Crane
1999	S	3000m	Jane Potter
1999	S	400m	Helen Thieme
2000	S	400m	Helen Thieme
2001	J	HJ	Stephanie Pywell
2001	I	200m	Jemma Sims
2006	S	PV	Emily Taylor
2009	S	DT	Tesni Ward
2012	J	200m	Charlotte McLennaghan
2013	J	800m	Ellie Brazil
2013	I	200m	Charlotte McLennaghan
2014	I	200m	Charlotte McLennaghan
2016	S	200m	Charlotte McLennaghan
2017	I	HEP	Emily Race
2017	I	PV	Felicia Miloro
2017	S	SP	Emma Dakin
2018	S	HJ	Emily Race
2019	S	HEP	Emily Race
2019	S	HJ	Emily Race
2022	I	LJ	Phoebe Clayton

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ESAA BOYS CHAMPIONS

1951	I	440y	Jim Richards	1986	S	800m	Richard Harley
1953	J	80yH	Paul Robey	1987	J	LJ	Danny Smith
1955	I	110yH	P. Robin Brunyee	1988	I	PV	Mark Hodgkinson
1956	I	JT	Colin Bacon	1993	J	HJ	Robert Holton
1956	S	120yH	P. Robin Brunyee	1995	J	800m	Barry Woodward
1957	S	JT	Colin Bacon	1995	I	1500m	Simon Burton
1958	J	220y	John Rutt	1996	S	400m	Cori Henry
1959	S	880y	John Whetton	1997	I	100mH	Andy Turner
1960	S	880y	John Whetton	1999	S	110mH	Robert Newton
1961	J	80yH	Francis Iwanowski	1999	S	4x100m	Nottinghamshire
1961	I	HT	John Pallant	2000	S	1500m	Ricky Soos
1963	I	110yH	Francis Iwanowski	2001	S	1500m	Ricky Soos
1963	I	TJ	John Vernon	2002	J	HT	Matt Lambley
1964	S	880y	Dave Cropper	2003	J	80mH	John Lampport
1964	S	TJ	John Vernon	2006	J	LJ	Fraser Kesteven
1965	J	PV	Stephen Inman	2006	S	HT	Matt Lambley
1965	I	HJ	Richard Potts	2007	I	400m	Michael Warner
1965	S	200yH	John Day	2009	J	HT	Ashley Gilder
1965	S	JT	Dick Perkins	2010	J	TJ	Montel Nevers
1966	I	1000mST	Ian Barnard	2010	I	HT	Ashley Gilder
1966	I	JT	George Markowski	2011	S	800m	Robert Needham
1967	J	PV	Alan Parkinson	2012	I	JT	Thomas Peters
1967	J	SP	John Howard	2012	I	TJ	Montel Nevers
1967	S	JT	Dick Perkins	2013	J	4x100m	Nottinghamshire
1969	I	CC	Terry Colton	2014	I	PV	Joel Leon Benitez
1971	I	CC	Barrie Moss	2014	S	TJ	Montel Nevers
1971	I	HJ	Chris Wilson	2016	J	TJ	Matthew Bondswell
1972	I	3000m	Barrie Moss	2018	I	PV	Jacob Clark
1979	I	1500mST	Malcolm Smith	2019	I	400m	Alex Cooper
1980	J	HT	Vaughan Cooper	2023	S	TJ	Brandon Lee
1981	S	TJ	Ian Anderson	2024	J	200m	Gabriel Oguagwu
1982	I	HT	Vaughan Cooper	2024	I	HJ	Taejan Blake
1983	J	100m	Darrel Redmond	2024	S	TJ	Brandon Lee
1983	J	HT	Paul Murden	2026	J	200m	Owain Osifo
1984	S	HT	Vaughan Cooper				

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SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 2 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are for *Cross Country* and *Track and Field*. The *Indoor Pentathlon International* (commonly referred to as the *SIAB Indoor Pentathlon*) is actually organised by the *Scottish Schools' Athletic Association (SSAA)*.

A fourth championship, the *British Schools Indoor Athletics Championships* was also held from 1990 to 2000.

GIRLS WINNERS

1984	I	100m	Sharon Dolby	2001	I	200m	Jemma Sims
1984	I	400m	Jennifer Howell	2013	I	200m	Charlotte McLennaghan
1985	I	100m	Sharon Dolby	2014	I	200m	Charlotte McLennaghan
1990	I	3000m	Nicola Gray	2017	I	PV	Felicia Miloro

BOYS WINNERS

1964	S	880y	Dave Cropper	1996	U16	i800m	Barry Woodward
1965	S	JT	Dick Perkins	1997	I	100mH	Robert Newton
1966	S	JT	Dick Perkins	2012	I	TJ	Montel Nevers
1988	I	PV	Mark Hodgkinson	2018	I	PV	Jacob Clark
1994	U16	iHJ	Robert Holton	2019	I	400m	Alex Cooper
1996	I	DT	Tom Hayman	2024	I	HJ	Taejan Blake

Winning performances are shown in the abbreviated format – yyyy a eeee where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at an indoor meeting)

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WORLD JUNIOR / U20 MEDALLIST - GIRLS

2000 Helen Thieme 4 x 400m Gold

Poppy Malik (2022 4 x 400m Bronze) ran in the relay heat but not in the final.

EUROPEAN U23 MEDALLIST - GIRLS

2001 Helen Thieme 400m Silver and 4 x 400m Gold

2003 Helen Karagounis (néeThieme) 400m Gold and 4 x 400m Silver

2025 Poppy Malik 4 x 400m Gold

EUROPEAN U23 MEDALLIST - BOYS

2017 Lee Thompson 4 x 400m Gold

2019 Lee Thompson 4 x 400m Silver

EUROPEAN JUNIOR / U20 MEDALLISTS - GIRLS

1973 Ruth Kennedy 4 x 400m Silver

1975 Ruth Kennedy 4 x 400m Bronze

1985 Loreen Hall 4 x 400m Bronze

2015 Charlotte McLennaghan 4 x 100m Gold

EUROPEAN JUNIOR / U20 MEDALLIST – BOYS

2001 Ricky Soos 800m Bronze

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MULTI-SPORT ATHLETE

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Triathlon and Weightlifting.

Details follow of two Nottinghamshire ESAA competitors who went on to have a successful career in another sport :

TRIATHLON - SOPHIE COLDWELL

Sophie represented Nottinghamshire when finishing 13th in the 2011 ESAA Intermediate Cross Country. She had already been competing in Triathlon since she was only 8 years of age.

In 2017 she won the bronze medal in the World Under-23 Championship.

In 2021 Sophie had her first podium finish in a World Championship Series event with 3rd place in Leeds and, 5 months later in Abu Dhabi, another 3rd place.

In 2022, only 2 weeks after another 3rd place at that year's Leeds event, she was a member of the Great Britain World Triathlon Sprint Mixed Relay team which won the silver medal. Incidentally the team was made up solely of former ESAA competitors, namely Georgia Taylor-Brown, Sam Dickinson, Alex Yee and Sophie. Later in the year, the same team represented England when winning the Commonwealth Games Triathlon Mixed Relay.

WEIGHTLIFTING – EMILY CAMPBELL

Emily represented Nottinghamshire when finishing 9th in the 2010 ESAA Intermediate Discus Throw and 14th in the Senior Hammer Throw the following year.

She only started weightlifting in 2016 with a view to improving her performances in the shot put and hammer throw. However, her meteoric rise improvement in weightlifting saw her take the bronze medal in the 2018 Commonwealth Games +90kg championship. A bronze medal quickly followed in 2019 at the European Championship in the +87kg category. She became European Champion at the next championships in 2021 again at the +87kg category.

Emily then became Great Britain's first Olympic Games woman medallist in weightlifting with the silver medal in the +87kg category in August 2021 at the delayed 2020 Tokyo Olympics. It was also Great Britain's first Olympic weightlifting medal in 37 years !

In 2022 she retained her European +87kg title, won the Commonwealth Games title with a new Games record and finished the year with a silver in the World Championships.

In 2024, following her 4th European title in a row, Emily won the Olympic bronze medal in the +81kg category. She was the only GB weightlifter sent to 2024 Olympic Games.